



CANADIAN OPTIMIST DINGHY ASSOCIATION
ASSOCIATION CANADIENNE DE VOILE EN OPTIMIST

2017 Canadian Optimist Championships

August 20-26

Hosted by Royal Nova Scotia Yacht Squadron

SAILING INSTRUCTIONS – GREEN FLEET

ORGANISING AUTHORITY

The regatta is organized by Royal Nova Scotia Yacht Squadron (RNSYS) in conjunction with the Canadian Optimist Dinghy Association (CODA).

[DP] Denotes an instruction or rule for which a penalty is at the discretion of the protest committee.

1. RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2. Sail Canada prescriptions will apply and they can be found at <http://www.sailing.ca/rules-prescriptions-s15703>
- 1.3. CODA code of conduct will apply, and can be found at <http://www.optican.org/coda-code-conduct>
Competitors, coaches, parents and guardians shall abide by the CODA Code of Conduct. This includes behavior both on and off the water including respect for all other persons, personal property of others, RNSYS and the city of Halifax.
- 1.4. Rule 60.1(a) is deleted; boats in Green Fleet may not protest another boat.
- 1.5. RRS 40 and the preamble to Part 4 are changed as follows:
 - 1.5.1. The first sentence of RRS 40 is deleted and replaced by: "Each competitor shall wear a personal flotation device (PFD), properly secured at all times while on the water except when temporarily adding or removing clothing."

2. NOTICES TO COMPETITORS

2.1. Notices to Competitors will be posted on the official notice board located in the Marine Activity Centre (MAC) and on the event website: <https://2017opticanadians.com/event-information/notice-board/>

Failure to post on the website will not be grounds for redress.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

4.1. Signals made ashore will be displayed on the flag pole located in the boat park, in front of the Spar Loft.

4.2. Code flag D displayed with one sound means “The warning signal will be made in not less than 60 minutes”

4.3 [DP] Launch: Boats shall not launch until flag “D” is displayed on the flag pole.

4.4. [DP] If flag ‘D’ is removed with two sound signals, launching shall cease until further signals are made.

5. FLEET IDENTIFICATION [NP], [DP]

5.1 The Organizing Authority (OA) will provide each boat in the Green Fleet with a green ribbon at regatta check-in. While on the water, each boat shall at all times display the green ribbon, attached securely to the sprit loop at the top of the sail, and its size shall not be changed.

6. SCHEDULE

6.1. Additional information is available on the regatta website www.2017opticanadians.com

Sunday, Aug 20th

0900 - 1600	Registration & Check in
0930 - 1800	Measurement & Safety check

Monday, Aug 21st

0900 - 1500	Registration & Check in
0900 - 1530	Measurement & Safety check
1200	Practice Race

Tuesday, Aug 22nd

0830	Coaches meeting
0930	Skippers meeting
1030	Anticipated launch
1130	Scheduled warning signal

Wednesday, Aug 23rd

0830 Coaches meeting
0930 Skippers meeting
1030 Anticipated launch
1130 Scheduled warning signal

Thursday, Aug 24th

No Green Fleet Racing

Friday, Aug 25th

0830 Coaches meeting
0930 Skippers meeting
1030 Anticipated launch
1130 Scheduled warning signal

Saturday, Aug 26th

0830 Coaches meeting
0930 Skippers meeting
1030 Anticipated launch
1130 Scheduled warning signal
1430 Last warning signal

6.2. 20 races are scheduled for the Fleet Racing Championship.

6.3. 5 races are scheduled per day.

6.4. The scheduled time of the warning signal for the first race each day is 1130.

6.5. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6.6. On the last scheduled day of racing no warning signal will be made after 1430.

7. CLASS FLAG

7.1. The Green Fleet will start as a single group. The class flag shall be a solid green flag.



8. RACING AREAS

8.1. Addendum 1 shows the location of racing areas. The Green Fleet will use area "B", "E" or "F".

8.2. Race Committee (RC) will post intended race area 30 minutes prior to displaying D flag ashore.

9. COURSE

9.1. The diagram in Addendum 2 shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

10. MARKS

10.1. Marks are described in Addendum 2.

11. THE START

11.1. Races will be started using RRS 26.

11.2. The starting line will be between the staff displaying an Orange Flag on the signal boat, and the starting mark as shown in Addendum 2.

11.3. A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.

12. CHANGE OF THE NEXT LEG OF THE COURSE

12.1. Rule 33 is deleted. The race committee will not be changing course mid-race.

13. THE FINISH

13.1. The finishing line will be between the finish mark and the Orange Flag on the race committee boat.

14. TIME LIMITS AND TARGET TIMES

14.1. If no boat has reached the first mark in 20 minutes the race will be abandoned.

14.2. If no boat has finished within 45 minutes the race will be abandoned.

14.3. The Race Committee may, at its discretion, assign points equivalent to the boat's position on the course. The Race Committee determines the method. This changes RRS 35, A4 and A5.

14.4. The target time is 30 minutes. Failure to meet the target time will not be grounds for redress under RRS 62.1(a).

15. SCORING

15.1. One race is required to constitute a series.

15.2. RRS A2 is modified so that:

(a) When fewer than 5 races have been completed, a boat's score will be the total of her race scores.

(b) When from 5 to 9 races have been completed, a boat's score will be the total of her race scores excluding her worst score.

(c) When 12 races have been completed, a boat's score will be the total of her race scores excluding her two worst scores.

16. SAFETY REGULATIONS

16.1. [DP] Boats shall not leave the harbor until Flag 'D' is displayed.

16.2 [DP] Boats shall sail past the stern of the signal boat on starboard tack prior to the first race of the day to check in with the race committee, or upon returning to the race area if they have left it for any reason.

16.3. [DP] A boat that retires from a race or leaves the racing area shall notify an RC, safety, or jury boat as soon as possible.

16.4. [DP] All competitors shall sign out before launching and sign back in immediately upon arrival but no later than 30 minutes after the RC signal boat docks.

The "Sign out / in" desk will be located outside the MAC.

Failure to sign out will result in a 10% scoring penalty on the first race of the day. Failure to do so will result in a 10% scoring penalty on the final race of the day, without a hearing; this changes RRS A.5.

17. REPLACEMENT EQUIPMENT

[DP] Substitution of damaged or lost equipment will not be allowed unless approved by the technical committee. If the damage occurs less than 2 hours before the first scheduled start on a racing day, or before the start of the last race of the day, provisional verbal permission shall be requested from the technical committee, and if granted, the written permission of the technical committee shall be requested before the end of the protest time limit at the end of the day in which the substitution takes place; re-measurement may be required. Equipment Substitution Forms will be available at the Protest Committee Desk.

18. EQUIPMENT AND MEASUREMENT

18.1. [DP] A boat or equipment may be inspected at any time for compliance with the Class Rules, the Notice of Race or the Sailing Instructions.

18.2. [DP] A boat shall register only 1 sail number and shall have that number on the sail.

18.3. [DP] Determination of the legibility of sail numbers will be at the discretion of the Technical Committee.

19. ADVERTISING

[DP] [NP] Boats may be required to display advertising supplied by the organizing authority.

20. OFFICIAL BOATS

Official boats will be identified as follows

BOAT	FLAG
Race Committee Signal Vessel	Sail Canada RC Flag
Jury boats	White flag with letter J
Rescue boats	Yellow flag with red diagonal strip
Technical Committee boat	White flag with a letter M
Spectator Boats	Yellow numbered flags
Coach Boats	White numbered flags
Media Boat	Blue with an M

21. [DP] SUPPORT BOATS

21.1. Support boats shall register with the OA prior to the first scheduled race.

21.2. Each support boat will be provided with a numbered flag, and it shall display this flag when on the course.

21.3. Exclusion zone, described and illustrated shown on the course diagrams in Addendum 2.

21.4. Exclusion Zone: Spectator boats shall stay 100m beyond any racing boat and all marks. Only competing boats, designated coaches and RC boats may enter the racing area while boats are racing from the time of the preparatory signal for the first start until all boats have finished, retired or the race is postponed, recalled, or abandoned.

21.5. At the request of the RC, coach boats may enter the exclusion zone to offer or provide outside assistance to a boat.

21.6. In an emergency situation, a coach may, on their judgement, enter the exclusion zone to aid a boat for which it is responsible. Such action may be deemed to be in violation of RRS 41 for the boat so aided, which may be scored Did Not Finish without a hearing. This changes RRS A5.

21.7. Support boats are required to have a working VHF radio. The championship course will use channel 71; green fleet course will use channel 69.

22. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

23. INSURANCE

[DP] Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$1 million per incident

24. [DP] HARBOUR AND SITE

24.1. Competitor boats shall be kept in their assigned places in the boat park.

24.2. Support boats shall be kept in their assigned places in the harbor.

24.3. Automobiles and trailers must be parked in accordance with the directions of the OA.

25. RADIO COMMUNICATION

[DP] A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

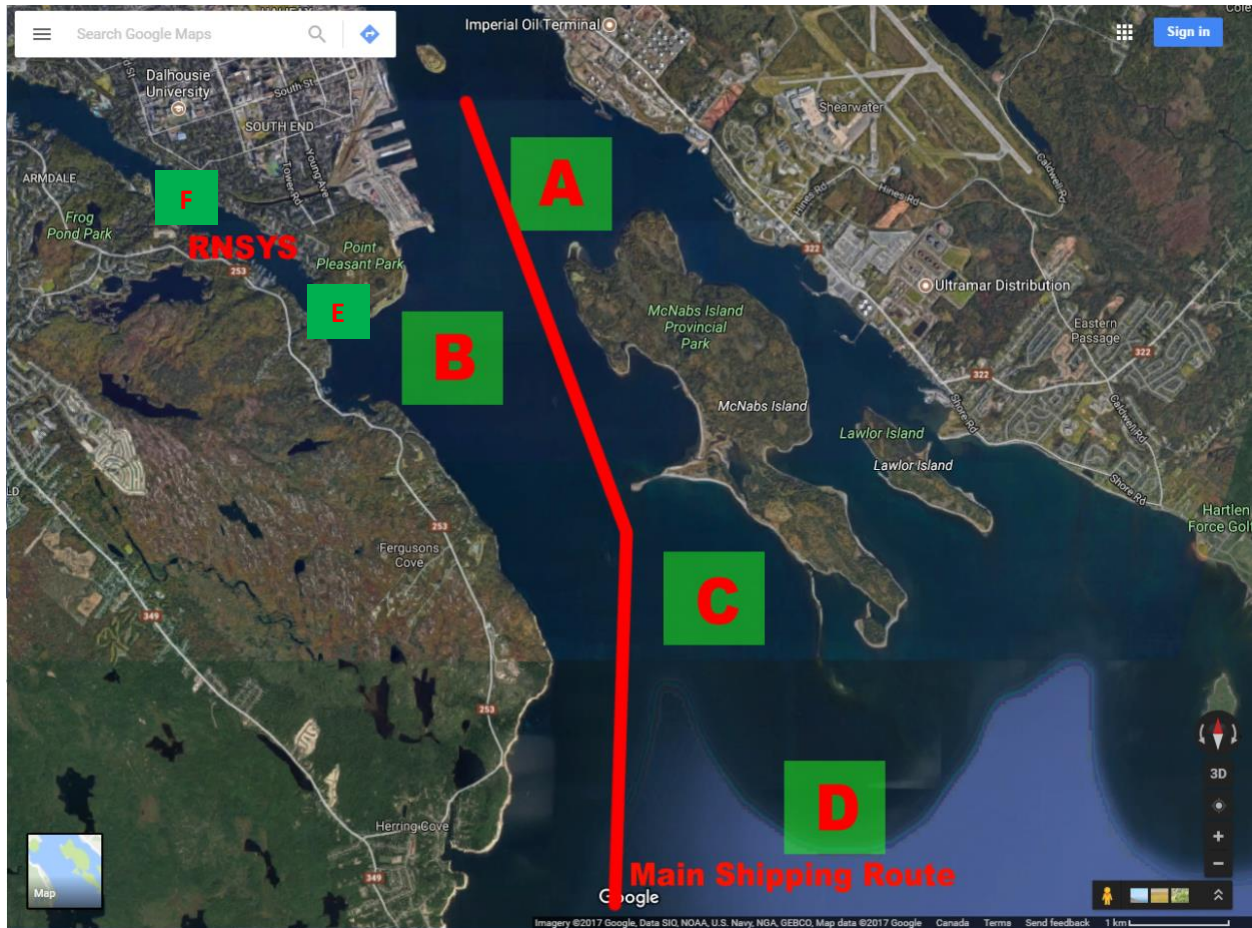
26. TRASH DISPOSAL

[DP] Trash and recyclables may be placed aboard race committee and other official boats.

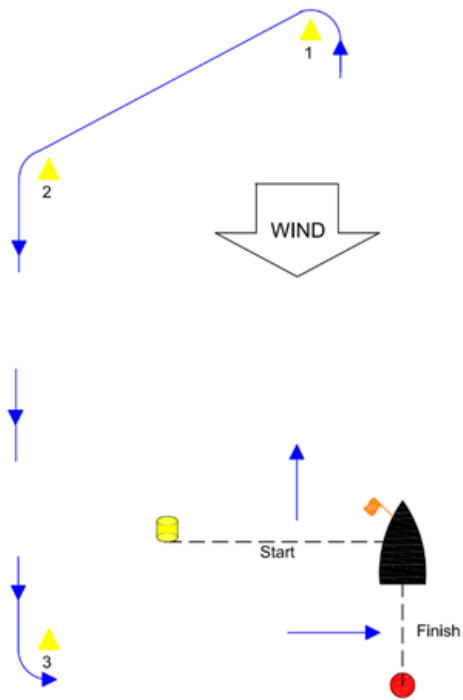
Littering will be penalized at the discretion of the RC and OA.

27. RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the OA and the event Sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.



Addendum 2 - THE COURSE



SEQUENCE: START – 1 (port) – 2 (port) – 3 (port) – FINISH

Marks 1, 2 and 3 will be yellow inflatable tetrahedrons

The Start pin will be a Yellow cylinder

The Finish pin will be a Red ball